

Organise Your Closet with Lissa Kapinga

Amanda: [00:00:00] Yay. Welcome to this class about organizing your closet. I'm so excited to have you here with us. Yeah, this is the first time we've got to meet you and have you in the online academy. So that's really exciting, and this is a fun topic and, uh, we're just, I know we're all just really grateful for you spending some time with us today and, um, getting to hang out with you.

So, thanks. Thanks for being here with us.

Lissa: Um, I'm excited and nervous, but I'll be good.

Amanda: Yay. Um, actually I should, I should start by doing an Acknowledgement of Country too, especially because, um, of the day that it is here in Australia. Um, so I'd love to take a moment to acknowledge the Traditional Custodians of the land that we are meeting on [00:01:00] today, um, and pay my respects to their Elders past, present and emerging and acknowledge that sovereignty was never ceded.

And I'd like to extend that respect out to the Traditional Custodians or Elders or Owners of the lands wherever you're joining us from today as well. Okay. Over to you.

Lissa: Yay. Hi everybody. It's funny. When I have to do a class on organizing, then everybody thinks you're so organized, you know, but I have so many parts of my life I'm still organizing, but at least my closet is organized, so, I think I can do this one. So my name is Lissa and I'm from Tanzania. This is my first time in the online academy and it already looks so good.

It feels I was tense at first, but then everybody's smiling. So I don't know. [00:02:00] I feel relaxed. It's just nice to be here. So. I can see their names. So they don't really have to introduce themselves in the chat box. But if you would like you can write in the chat box, your name and where you come from. It'd be nice to get to know where everybody comes from.

I am from Tanzania. It's um, the weather is good. It's not hot right now. It's not very cold, but it's just, it's just calm. So yeah, today we'll be talking about organizing our closets. I'm not sure if it's a fun topic, but it's more of what you hear from your parents. Get your clothes organized, do it, you know, so I'm not

sure if it's fun hearing it from me, but I am really going to try making it fun because you know, it's just your closet it's it's on you.

So yeah, let's get to it. So do [00:03:00] I share my screen? Is it okay?

Amanda: Yeah, go for it.

Lissa: Okay, let me try to do this.

Amanda: Have you always lived in Tanzania, Lissa?

Lissa: Have I what?

Amanda: Have you always lived in Tanzania?

Lissa: Yeah, I've always lived in Tanzania. I haven't gone anywhere else. And it's funny when everybody asks me that because so many people ask me that, have you always lived there? Have you ever lived somewhere else?

And I'm like, no, this is where I've been. This is home. So yeah, um, Can I read the chat box, please? Sydney, Australia. Everybody's from Australia. This is so good. Um, this is stuff I really can't pronounce this, but it sounds really nice. It's more like some of the places in Tanzania that I cannot pronounce it. I'm not going to [00:04:00] try to, so, but yeah, I'm excited.

So can I share, um, Okay. Um,

see I'm not very organized, so everything is going up and down, but I'm trying,

I am not such a tech person.

I thought I hit share, but it's not.

Is it showing, can you see my screen now?

Amanda: We can see it, but it hasn't started presenting yet that I can [00:05:00] see, but I can see you're clicking on for them.

Lissa: Okay.

There it is.

Hmm.

[Murmuring]

Okay. Okay. There it is.

Amanda: Yay.

Lissa: Organizing your closet and how to, you know, how to keep it organized? How to, what is the next page? What does this say? Please be patient with me. Okay. How to organize your closet and keep it organised. It is one thing to have it organized. And one thing to keep it organized, you know? I. I know my mom organizes her closet [00:06:00] all the time, but every time I'm there, it is a mess.

So I'm like, how are you always organizing your clothes? And how is it always this messy? Well, I don't know I, so I think it's one thing having it organized and having it stay organized. Right? Um,

Anybody here who loves to organize the closet? Please tell me if it is fun or is it a burden? How do you feel about organizing your closet? Is it a fun thing to do or is it, oh, here she is being mummy again. So where do you stand? Can you, can you share with me?

[Reading from chat box]

I put it [00:07:00] off, but then it's fun when I do it. I find it a tedious chore. I know, right? I, I followed it that way once and then so much fun, but I can never declutter properly, properly, okay. So maybe we'll learn how to declutter and learn how to, you know. So, um, here I am, again, dealing with my screen. I think we need to know first why we need to organize our closets, you know, before you go organizing it, you at least want to know why you, you want to organize it, or why, why should you organize it?

I have a brother who, every time I tell him to organize his closet, he goes, why, they are my clothes? Why, why do I have to, I know them, they're mine. I'll get to them when I want to, so why do we need to, you know, why do you, why do you [00:08:00] think we need to organize them? Is there really a need to do that? Or we can just

have them clean, pile them up and just pull them out when we want to? Which, what do you think?

Um, anyone wants to speak or are you just okay with the chatbox? I'd love to hear some voices, if you're comfortable. Why do you think we need to organize it?

Anybody, Amanda, why do you think you want to organize your closet?

Amanda: Mm. So that I'm not messy, but it also makes me feel messy, I think, when everything's just all over the place. Makes me feel calm when things are organized, I think.

Lissa: Yeah, that's one thing. [00:09:00] When I have a, when I have to get up in the morning and go somewhere and then I have to look for clothes and my closet is a mess, I feel like my whole mood changes, like, I'm just like, okay, here we go. What am I going to wear? I have to start thinking about it, you know, it changes the whole mood of the day that I had. If I was in a happy mood, I'm already stressed. And for me, it's a lot harder because I have to pick my clothes,

I have to pick my son's clothes. So if everybody's closet is you know, I'm like, ah, okay, so I'm not having a fun day anymore. So I thought of some of a few things that I think the reasons why I want to, you know. Yeah, [reading] I've got my brother playing ping pong in the background. Oh, it's okay. No worries. I have a brother too. He drives me crazy almost all the time.

So [reading] it makes you feel prepared and it looks nice. That is [00:10:00] really true. It just makes it all look great. You have that clean, organized, closet and yeah, it feels good. So the first thing I thought is that it wastes less time when I have to dress up, you know, everything is organized. I can just pick it up,

put it on and go. So I don't have to waste a lot of time pulling clothes, you know, sometimes I have a pile too, so I have to, you know, pull them out and we've, I guess we've all been there. I don't think it's just me, but yeah. And then have a great mood after dress up, you know, the great mood before dress up and I have a great mood after dress up.

And then I'm, you're going to go days without wearing the same thing. When have you ever been in this? I think all girls and women and everybody around, even my husband does that all the time. He goes, I have nothing to wear, [00:11:00] but then you have a whole closet of clothes and you're like, how come I don't feel like I have anything to wear?

It's because everything is everywhere, so you can't tell. It makes you feel like you have less clothes, although your closet is piled up. So when it's organized, you know exactly what you have, you know, you know? Aw!

Amanda: [Laughter] There's always a cat at some point.

Lissa: Or a puppy?

Amanda: Or a puppy, yep..

Lissa: Yeah, okay, and then another thing is, obviously you'll just have a cleaner, organised closet, you know, it's clean, it's organized and you're never going to have a feeling of, you're not having anything to wear the same thing of you're going to go days wearing different stuff. You know, that point, wherever it is, the same top and a different jeans, the same top, you're like, this is the closest thing I can get.

It's because you don't know where [00:12:00] everything is. So it's not because it's the closest thing it's because you have no clue where other clothes are. So yeah. So let us begin. I am really trying to see where I need to click next.

Amanda: What, what is everyone's wardrobe like most of the time? Like Libby, Steph, Ruby, what's it what's it normally like?

Could you let us know?

Libby: My clothes are usually like all over the floor. Um, and I just like, yeah, grab them from the floor.

Amanda: I wouldn't have expected that from you.

Kira: Yeah, um. My closet's pretty much the same. Like my ones are all in my drawers, but my drawers, I can't find anything in them.

Ruby: See, with me, I always clean [00:13:00] my closet like all the time, but I don't know how to put things away properly. So it just ends up being like a treasure hunt, trying to find clothes. It's a mess. And I always get in trouble cause I have to clean it.

Lissa: I like that one, a treasure hunt. She's got to be searching for something. So, Amanda how is your closet?

Amanda: Um, it's actually it's okay. But I have a spot where things just get piled up and then every couple of weeks I'll spend a bit of time getting in there again. I've just started to try and watch some like Marie Kondo stuff and learn how to fold and things, but I haven't done it properly.

I don't know if I've got the patience. I'm looking forward to learning from you.

Lissa: I think she's such an inspiration and she makes it all seem so easy and well, it's not that [00:14:00] hard, but yeah. So let's begin. Here we go. So the first thing I'm going to ask you to do, if you have to organize your closet is take everything out.

That is the most, well, I was teaching this to a couple of girls and they say ah, that is the worst part, I have to take everything out? And then one say everything is already out, everything is, all my clothes are on my bed. I don't have to put them anywhere. I just squeeze them and go to bed and then in the morning and I'm like, oh, okay, you have it easy for you.

But then if they're inside, just take everything out and everything means all your clothes, all your shoes, everything, all your socks, your bras, your pants, everything, your [00:15:00] sweaters. Just take it all out

Amanda: Should we be like, doing this with you? Or?

Lissa: No, no, no, no, no. This is you alone, I do not want to see that.

Amanda: Okay [laughter]. Okay, we'll just learn..

Lissa: That is something you get to do in your own time,

Amanda: Okay.

Lissa: I'm not sure I want to see that.

Amanda: Okay.

Kira: I don't think an hour is enough for me to clean my closet, that's for sure. I think I'd take everything out in the hour.

Lissa: Okay, no, that is you on your own time. You get to take everything out because you need to, it's going to take you time. It's gonna, it's gonna need you

to be there, you know? And then the second thing you need to do after you take everything out is take everything that you haven't worn for two years and more, the small clothes, the clothes that don't feel in style for you anymore, the clothes, you don't feel like you're [00:16:00] comfortable in anymore.

The clothes, you know, you're not going to wear, do you know, I have those clothes that are really small and I go, every time I look at it I go, oh, I'm going to lose weight and fit in that. And I never lose weight to fit in that. It's always just there. And I, you figure out you don't wear it for years and it's just in your closet, it's there.

And sometimes you have a sweater. Maybe your grandma gave you the sweater. And you just want to hold onto it and your aunt will give you a sweater and you hold onto it and a friend will give you a sweater. So you piled up with just gifts that you might not wear. And it's, it makes sense if you want to keep it, but you really need to ask yourself if you really want to keep that, you know? I, I had a trouser that my dad bought me and my dad doesn't buy me very many clothes.

So he [00:17:00] bought me one clothe only. That's the only thing I can remember my dad buying me that I can wear. And I was like seven and I had it like until I was 22. Can you imagine I had that trouser that pant, from when I was seven to 22 and I was not going to wear it, it was just that my dad bought this for me, but then I'm never gonna wear it, you know, but it had a good memory.

It was, it was something good. But then I had to let it go, you know, because I was never going to wear it. And I knew a cousin who was my size when I was, you know, then, and I was like, it looks good on her, but I'll be honest, it was hard to let it go. So I would understand if it is hard to declutter because it is hard to let go of something, you know, you really liked, or you think you want to keep it, but you don't.

But if we don't do that, then we're always going to have [00:18:00] that type of clothes. That way you have so many things that you're not wearing. And then, you don't know why you don't have anything to wear. So the first thing is to declutter. I, who is so bad at decluttering? Like in everything, not just clothes - books, people don't even declutter their pens.

Have you met people like that? Oh, I had this pen for a very long time. I can't let it go. And it's not even writing, the ink is gone , but there they go. They keep that pen because you know, it's theirs. But then, you know, so decluttering is

hard. I think that is one of also the hardest parts to, to let go, to, uh, to accept that I'm not going to need it, you know?

So that's the next step and it's going to take you time and it is okay. Just be calm with yourself, be patient with yourself. Marie Kondo has a thing of [00:19:00] saying, um, what does she say? Thank it, thank, thank the item before you let it go. So if you have a clothe that you love, you can thank it, at least it's served you, you know, you looked good in it for some time, but you don't fit anymore.

So, have to say bye bye. And then that's how we'll go forward. That's why I'm not gonna do this process with anybody because it may take Kira months to let go of a sweater, you know, who knows? So you're gonna do this alone. Anybody has anything to say about decluttering? Maybe who is so good at decluttering, maybe they can give us tips. [Reading] A bit of chaos, partially also because I don't like a lot of the clothes so I try to hide them.

Amanda: I feel like Steph really resonated with the pen.

Lissa: I just saw Steph's comment and it's really funny. She says, Uh, her closet it's a bit of [00:20:00] chaos partially because I don't like a lot of clothes. So she tries to hide her own clothes. How do you hide your own clothes exactly? You go, you pile them in, you pile them in and you try to hide them.

And then they're just a pile. They don't go anywhere. So, yeah. Decluttering, anybody, anyone?

Amanda: I like the two years thing. I feel like when people say, you've worn it, you haven't worn it for six months, I feel like, no, that's not long enough, but there's a lot in there that I haven't worn for two years. So I need to do this.

Lissa: Yes. Six months looks very a short time to me too because you know, maybe I haven't gone for a wedding in six months and maybe there'll be a wedding and there's a clothe I'll wear for a wedding, but two years is a long time. So.

Kira: Yeah, I've often, [00:21:00] I've often been told the six month rule and I'm like, but what if it didn't get cold enough this year for me to wear this? Like, what if it gets really cold next year?

Lissa: Exactly. So two years, let's do two, six months is really tiny. So let's try two. Anybody else? Yeah?

Amanda: I feel like everything is coming back in fashion now, too. I'm like that old, that all the stuff that I wore to like my formal and stuff is coming back in now.

Lissa: Yeah, the style is coming back. Things come back. Now we're all, we're wearing the old school thing, you know? People are in the boyfriend jeans and my mum wore those like those days. And I'm still trying to get a hang of that style, but it's not working for me, but yeah. All the old styles are coming back in [00:22:00] so yeah, two years would be really nice.

Okay. Do you want me to go on?

Should I? Okay. Oh my goodness. There it is again.

Ah, okay. If I told you my husband was a software engineer, nobody would believe me. I am so bad at this computer thing. Okay, then we need to examine our clothes that are left and make sure that are washed, ironed and mended. You know, you have that jeans that the zip is not working, that you always want to wear, but every time you take it and then you remember, oh, the zip is broken.

I can't wear it. So, you know, when you take everything out, you checked the ones that have, [00:23:00] you know, maybe they have stains and you're like, I wanted to wear this yesterday, but I couldn't cause it has a stain, but you know, so we take all of them out. We're sure this is what we're keeping. We wash them. We iron them. The ones that need mending go the other side,

maybe they need a button to go on, maybe they need a zip, maybe they need to be sewn, you know? So that all the clothes in your closet are something you can take and wear. You don't have to fix it before you wear it. And I think this applies with shoes too, you can take all your shoes out and be sure, you know, you're comfortable.

They're mended, they're clean, they fit because you can have shoes that don't fit, that are big, and you think you'll grow into them. I don't know how, but people do that. So yeah, let's make sure they're ironed, [00:24:00] washed and mended. And then, um, that is step number three. Okay. Step number four is hang and fold clothes of the same type. Me again.

What's going on?

Here it is. Hang, ahem, hang and fold clothes of the same type. Oh, please be patient.

How am I teaching you guys to be organized? If I can't even organize my own laptop. Okay. Here we go. That means because, okay. I already said it. Let's forget the slide. Let's just talk. So get all your dresses together, all your pants together, all your shorts together, all your skirts together, [00:25:00] everything, start separating them by their type, all the socks together.

And then you realize that you have four pairs of socks, but you only have one sock each.

See? So you need to pick them up and, you know, gather them around so you can see what you really have. You might figure out you have seven dresses and you're always looking for dresses and you're like, I never thought I had this much dresses! Where, where is this coming from? So put all of them together, like see all these are dresses, all these are trousers.

Something like that and then just put them all together. And then the next thing I'm gonna ask you to do, you, not everybody hangs dresses. I fold my dresses because I only hang the dresses that I go on parties with and I don't go to many parties, so I don't have very many, but I fold [00:26:00] almost all my clothes.

And so here is where I'm going to take you to. Types of folding. This is called the file folding. This is the Marie Kondo thing. So the reason this is the best type of folding is that you just don't look or stay organized. Oh, you know, it just doesn't look organized. It helps you stay organized. You know, when you fold something like this, if you take it out, all the other clothes stay organized.

Different from how we always fold our clothes and just pile them up. When you pull one up, they all go down and you're like, ah, I just organized this, do it next time, you know? But then if there's this way, when you pull, if I pull this yellow shirt up, it's not going to bother any of them. This is how we stay organized.

If we have the right methods, you know, to, to organize them and put them in order. [00:27:00] And then it helps, you know exactly everything you have, you know, this way you know all the t-shirts you have, because they're clear, they're visible, um, is it making sense though? As you can see, see all this, she knows exactly all the type of clothes she has and this method is not just good.

It helps you if you have a small closet or no closet at all. It helps you organize if you have a small space or maybe you're going for a sleepover and you only have a bag, if you organize your clothes like this, it's easy for you to know exactly what you brought or if you're going for a vacation, you know,

something like that, but this, this method helps you organize your clothes, anywhere.

Back in, back in Tanzania, not all the girls have closets, you know, not all of us are lucky enough to have closets. Some of them use boxes or bags. Most of them use [00:28:00] suitcases. They have suitcases, but they don't have closets. So when they do it this way, they can easily see their clothes. Or when they go for boarding schools, not, not all boarding schools have closets, they just use their trunk as their bags.

So. In Tanzania, this was something really good to, to learn because not all of us have, you know, huge, like, closets. I have always had that, but I've known so many girls who don't. And so this is such a, you know, such a good tip. I did not take a video trying to, um, trying to fold but I went to a, mmm, there is a, how can I say, there's a website, this girl she, I can show you.

It's called, [00:29:00] what is it? Sorry, here. She was showing how to fold the the Marie Kondo style and she does it by video. And it's really nice. She's called just another, just a girl and her blog. I can, I can copy this and send it, you know, in the chat box. I'm trying to see if this can open up.

Okay. In case it doesn't. I can just send this. Oh, it's opening up. Can you see my screen

Amanda: At the moment? It's just blue for me.

Lissa: Oh, is it?

Amanda: Um, but if it's a video you want [00:30:00] to share, I think you can stop your share and then share again and click a box about sharing.

Lissa: The, here it is. It's coming right now. You know, I can really get a hang on this. I didn't know I could do this. Wow. And I'm not even having any help next by and doing it all by myself.

Okay. Is it showing now?

Amanda: Yeah. Just a girl and her blog dot com. Cool.

Lissa: Yes. She's showing us how to ... Still lodging. So. She's showing how you can fold different types of clothes, like how you can fold shirts. How are you going to fold? I'm going to get there in a second. Yeah, here it is. So she's

starting on how you can do short sleeved shirts, how you can do long sleeved shirts.

Okay. Let's see if it's gonna, [00:31:00] I want this to show.

Hmm. I'm not sure if it's just taking time to lodge. I'm just being impatient. Yeah, here it is. Can you see it?

Amanda: Yeah.

Lissa: Yeah. So that's how you fold a shirt that way.

And then you just isn't that easy and nice. And that's a short sleeved shirt. And then this is a long sleeved shirt. This makes me so excited. I don't know why.

See. So I'm gonna put this website for you, and then it's gonna be easy for you to just learn how to do all this. And she's also showing you how to do the,

she calls this camisole, I would call it a vest. I don't know, but yeah, [00:32:00] she shows you how to do that and pants, and then she shows you how to do shorts

and then she shows how to do socks

and underwear.

You fold, you fold everything and everything is in order, and bras . Yeah. So I'm going to link this to you and then you can just, you know. Okay, now I have to, you said I have to new share and then I have to go back here. Wow. This is so good. I'm learning so fast.

Okay. Oh, okay. [00:33:00] Okay. So yeah, that's how that's called the file folding method. And it's the easiest method and it keeps your clothes organized. Not only will you have you know, clothes organized, but they stay organized because you can always just pull them out and not have to mess up anything else. The next thing we're going to do is I'm going to show you how to make a cheat sheet for your closet.

You know how you don't always have to think, um, how do I wear this? What can I wear this with? What can I wear this? What, how do I do that? So it's gonna take time. But after that, it's going to save you so much time. So this is

what you do. You take a piece of paper and you could [00:34:00] do a fashion show if you have someone to play around with or, just watch you, or you can just do it yourself, but you don't even have to dress up at all.

You can just look because you know your clothes. So maybe let's say you have, let's say four t-shirts, just an example. You have four t-shirts and you have two trousers. You can match the same trousers with the four t-shirts, but then you've got to write down. You're going to write, um, blue pants can go with the yellow t-shirt, can go with the white blouse, can go with the green blouse, can go with the white vest inside and uh, what do you call this? A blazer, outside. The thing is we have our own words and I'm not sure if I'm saying something that makes sense, something like this, this could be a blazer for us. You know, it has buttons and it can open up and you can wear a vest inside so you can write what your blue pants can go with.

And you can realize how many outfits you [00:35:00] can make out of it. And then you can go to the black pant and you can see you have so many outfits from just the black pant and it can go with all these blouses and all these blazers and shirts. It's just amazing, you know, and then you can go to the skirts, the skirt can go with this and I can, you see, this is a dress.

This pink thing here is a dress, but then you can wear it with all the T inside and you can do the t-shirt inside and you can just wear the pink dress, maybe with the black blazer. See, it makes so many outfits, but then it is not easy for you to think of the outfits right there and then because at that time, you're just trying to rush and go.

You just want to get dressed and go. But if you have it all written down, in the days that you don't have so much time and you, you know, you don't want to waste your time, you just go in, you check your cheat [00:36:00] sheet, that you can put in your draw or anything and you go, okay, so I can just wear this and sometimes you can go extra.

You can write for weddings, I have this, I can write this. That is so extra though. If, if you're really, really organised and I haven't met anybody like that here so far, so yeah, you don't have to go that extra. Just, you know, just write what you're comfortable with. And you will find out you were never out of outfits and you can never wear the same thing again.

It's not gonna happen. Not gonna happen. I, there was a time my closet was so disorganized that I wore, every time I went out, I had a shirt that I really liked

and somebody saw me outside and said, Lissa, everybody's gonna know it's you every time they see you, cause you're always wearing that shirt.

And, you know, I have so many clothes, but then I don't have the time [00:37:00] to, so I had to come up with a way not to waste my energy. And I started looking for ways and I found you can make your own, you know, cheat sheet. Isn't that nice to just, you know, have it somewhere where you can just, you know, what do you guys think?

It's a lifesaver for me.

What do you think?

What is, I've been talking for so long! All on my own.

I feel like I need a glass of water. Anybody has anything to say? [Reading] I think that will be awesome, I'll have to get started, wow. I can imagine all the outfits you're going to, you know, come up with. You could take pictures and send to me. I'd be really excited to see. Anybody else?

Amanda: Has anyone tried this before? [00:38:00] Or do you ever take photos of like different outfit options so that you've got them somewhere and can see them?

Lissa: Step says it's going to make her mornings so easy. That's very true.

Amanda: Yeah, cool!

Lissa: [Reading] I sometimes take photos of options, yes, that, you could call that extra, you know, you could wear something and feel like you look good and then take a picture of it. And then someday you don't know what you wear. You just go to the pictures where you always looked good. You know, you could have a file that says when I looked good, when I felt good, so yeah.

It will always give you ideas of your best outfits. Well, I'm going to do that. I've never gone that extra, but I'm gonna do that, I'm gonna take photos. This is nice. Anybody else?

And it doesn't have to be your own [00:39:00] photos. It could be maybe Amanda was wearing something you really like, and you're sure you had something exactly like that. You could go, I could match things like that too.

Yes. That is the right website. Thank you. I'm so sorry. I couldn't, I didn't put it here. I forgot.

Yeah. Ruby says she's so indecisive though. So this would really help. Yeah. When you can't decide, you're wasting so much time. Should I put on this? No, no, no, but this looks better. No, no, no. I look funny in this, um, okay. At the end of the day you wear something you didn't even want to wear. And then you, you feel like you look funny when you're already out there in public and you're like, ah, why did I wear this?

It's not even comfortable. So, yeah, this would be a really nice thing. You can call it anything. I call it a cheat sheet. You know, I get to cheat on my own closet. I get to feel like I'm smarter than you, I know my [00:40:00] clothes better than you do. So, yeah.

Amanda: I've been wearing the same pair of shorts for like two weeks, I think. I've just decided that's all I have to wear for summer is this one pair of shorts. But, now I'm going to go and find more.

Lissa: Yeah. And it makes you feel so good when you have, you know, and then it doesn't make you feel like you don't have clothes. There was a time I went out and bought a bunch of t-shirts because I thought I didn't have clothes at all. And then when I came back, I had more t-shirts than I bought, already inside. And I'm like, huh, I already had an orange one? I didn't know. So, yeah.

This will be really nice. And this is what I think about organizing your closet is that, where is it ...[00:41:00]

I think that as you start organizing one part of your life, more parts of your life will be organized. And this is a small part to start with. It's just the closet, you know, that's what we can see is just the closet. The next thing you know, you're making your bed every morning because your closet looks good, you want your room to look good? The next thing your study desk is looking good. You know? Who knows, the next thing your school bag is looking good. Automatically, you just, you start arranging everything because it's already giving you a sense of how good it is to just have something more organized and clean.

So, I know this is a small thing to start with, which is not very small, but it's, it sounds small, but I know it has a big impact. Like, it can change so much. I have seen it in my life. I've seen it in girls, in the [00:42:00] girls I've asked to change their closets. I had a girl that cleaned her closet, and the next thing she was cleaning her room and her mum goes, what is happening?

And I'm like, I don't know, you live with her, you tell me, she's like, I don't get it. And you know what else she started doing next? She went to her mum's room and she was like, Mum, your dressing table is a mess. Can I do, can I arrange your jewelry for you? She said again, this thing she just wants to arrange everything. I'm not sure if it was a good thing, but then it was happening too fast.

She was scaring everybody out, but it was really nice and she didn't even notice it. She just thought she is just loving how things look good. So this would be really nice if you try, I would like to know if you try it out. I'm sure I would ask Amanda after a month or two, how's your closet looking? And in case it's not looking good, maybe it will be a reminder for her to, you know, try out.

[00:43:00] So yeah, I am, this is not a big thing I've prepared today, but, well, it's something. We can learn from something there. I hope you had, you know, I hope you had a great time. I hope you learned something. I hope you try it out.

Amanda: Thanks for sharing it with us.

Lissa: Yeah. The website Steph shared is really nice. We can all go to it. Thank you for sharing.

Amanda: Um, what does, what does everyone feel like they might need? Does anyone feel like they need anything to get started? Like, I feel like I might need those clear containers to actually do it properly. Is that right? Do you need those to, to do that method properly?

Lissa: Well, no, I don't have containers and they just stay fine, but if you can get them for cheap. Well, when I check out people's website, I noticed in other countries they have dollar stores and things like that. And those containers are really cheap, but [00:44:00] here, those containers, people use those for food. They don't get it when you put it in your closet, it's so expensive, but if you have containers, it's good.

They can stay more clear and more organized. But I feel like you can just do it even without them. I do it without them and they're just, or you can take a cardboard if you're cheap, you can take a cardboard, just cut it thin and separate, you know, your clothes, if you want to.

Amanda: Just like a piece of cardboard, to separate?

Lissa: Yeah, mm-hmm,

If only my brother could, he's so disorganized and it just doesn't work with him, anyhow. Even if we had containers for him, it wouldn't work, but yeah, the cardboard seemed to try to keep it you know, clean, but even without them, you can do just fine. But if you can get the containers, it's better.

Amanda: Okay.

And does anyone have any tips for what works in their closets or for mending or fixing things? [00:45:00] I don't know why, but I only just discovered, um, I forget what it's called now, but that powder you can get that you soak things in and, and all of your white stuff goes nice and white and it gets rid of stains and all this stuff. I just, I only just discovered this recently.

Lissa: Yeah.

Amanda: Does anyone else have any tips?

Lissa: Any tips?

Amanda: What do you do with your jewelry and stuff?

Lissa: With jewelry?

Amanda: Yeah, do you hang them somewhere, or do you have like a spot that you put them?

Lissa: I don't have very many, but I have um, a small box that I put all my earrings in because I can't, I can't, I can't have a jewelry holder because my kids will just put it down. So. I need to just have a small box and I don't have very many of them.

So the box works fine for me, but yeah if, if people have tips, I'm not a jewelry, I'm not so [00:46:00] good with jewelry. So I'm wearing the same thing all the time. So that's another problem.

Amanda: Libby said that she sometimes puts her winter clothes away for the summer to save space. That's a good idea.

Lissa: Yeah, that's a good one. Well, we don't have,

Amanda: And then it's like you discover new clothes when you pull them out.

Lissa: Good thing in our country, we don't have winter. We don't have summer. It's just, you know what I mean? Any time, it can be hot. Any time, you just go with the flow. If it's raining, you're raining with it. And it's never that cold for us to wear sweaters in the part of Tanzania that I'm in. So I maybe have two sweaters and that's enough, but yeah, I think when I watch

other people with, who have, like, when your country has to, if you need winter clothing, you can just store it. I've seen hacks where they take one of these, one of these bags that they put clothes in, vacuum it. Have you seen those [00:47:00] hacks?

Amanda: Yeah.

Lissa: Yeah, and it saves so much space. Yeah, I've seen that, but I don't have to do that because.

Amanda: Okay.

Lissa: It's funny here. It can be sunny in a minute. It's raining in five minutes. So yeah, we just, yeah,

um, what about shoes? What do you do with shoes?

Do you just, I think it's the same thing. You need to make sure they are mended, so you're not struggling when you need to wear a shoe, and it's not, you know, it's not well mended.

Amanda: Yeah. I definitely need to mend some shoes.

Lissa: And when you take them to get mended, you need to take the whole pile. If you take one today, and leave the other tomorrow, you have to struggle again, so if it's three shoes, three pairs that need mending, you just need to take the [00:48:00] whole thing. And. Yeah. So I didn't really share, um, a work sheet for this, but I can, and then maybe you can just put it in?

[Laughter] Ruby is so funny. I can imagine.

Amanda: You need a shoe rack, Ruby.

Lissa: Yeah. Or if you don't have one, you can just pick a spot in your room where you can just, you know, put them there.

Amanda: Oh, creating a capsule wardrobe is really helpful. Image result for capsule wardrobe... [murmuring]

Steph: I tried to paste the definition, and it finds the written image result.

Amanda: [laughter]

Lissa: [00:49:00] Oh. I have a feeling like I'm supposed to teach this, but then I wouldn't know how to create a capsule wardrobe again, because you know, we don't have seasons and a capsule wardrobe is more of season, most of the time. Like summer for summer or winter, something like that. So I wouldn't know how to create this one because mine is all seasons all the time. So, yeah, but I think you use the same method.

Amanda: Yeah, I'd love to do this.

Lissa: And just put all the other stuff away or maybe just in the back, like when you have it organized, you can know all these shirts are for winter, so I don't have to wear these or you can just hang them in your hangers. So I think it's the same method you just have to know, which season you're living in.

It's funny just to say it.

Amanda: It's hard where they live. Where Steph and Libby and Ruby live, they have four seasons in a day. [00:50:00]

Lissa: Yeah. So everything needs to be there.

Amanda: Uh, I've um, I've been wanting to do a bit of a capsule wardrobe, Steph. I'll have to look it up again. Have you found, is it something that you are kind of slowly trying to do, like having a smaller collection of stuff that all goes with each other? Is that kind of the idea of it?

Steph: Kind of, I haven't done it with the whole wardrobe because I just have so many clothes that don't go, but. I think, I find if ever I do get things new or secondhand or whatever, I kind of make sure that it all goes in some way. And so even if it's just with making sure you have like a plain long sleeve white shirt or a plain black dress or something that can just be paired with anything.

Amanda: Oh, you're gonna love that.

Lissa: I see something like that, where capsules are colored based [00:51:00] also. Is that what she's saying?

Amanda: Yeah, I think, I think, I think people often do that. They think about, yeah, what kind of, what their colors are. And then they tend to, you know, if they like neutral tones and the hot, most of the wardrobe is quite neutral or, um, and then they just bring in some accent pieces or something.

Lissa: That's a fancy type of thing. I, I had a class that I learned that when I was 18 and the teacher was trying to teach us, what are your, what do you like? Are you a tartan person? Do you like stripes? Are you a bright color person? Are you a mild color person? And I was like I don't buy my own clothes. Why would I even care?

What am I getting at this? But yeah, as you grow up and you can buy your own clothes, I guess you can really pick your design, something like that. But yeah, for then for me it didn't work I was like hm. What my mom brings that's it.
[00:52:00]

Amanda: That's what you get.

Lissa: That's what I got. It's blue and brown. That's it.

Amanda: Was that your little one coming in to say, hi?

Lissa: Well, today my door is locked so nobody can come in. I am child-proof.

Amanda: Does anyone have any other questions or things you want to share or anything? Before we wrap up. Cool. I feel really motivated to go and play in my closet now. Thanks Lissa.

Lissa: It sounds nice.

Amanda: Gonna be so organized. We'll have to take photos.

Lissa: I was waiting for someone to say, oh, Lissa, you sounded just like my mum today, but anyway, thank you for being here,

Amanda: [Laughter]

Lissa: But all the comments are really nice. Nobody called me a mum.
[00:53:00] Well, people think this lesson is really boring. You put it out there and they go, oh, he has that all the time, but thank you this was so nice. Everybody was so smiley and it calmed me down. I was so shaky before I got here and I was like, do I have to do that Amanda thing where you close your eyes and breathe in and out, but I didn't need that.

Amanda: Did you call it the Amanda thing?

Lissa: Well, I learned it from you.

Amanda: I like that.

Lissa: That's the first place I saw it, and you were instructing a class where we have to breathe in. I was like, oh, you could do that. But I just needed to know you could do that. So I was like, do I do that today? Will Amanda help me do that? But you know, it was nice. Was it Ruby who came in and she smiled the moment she was here and I didn't know why, and I was like, okay, maybe I just got to smile too. [00:54:00] But yeah, this is nice.

Amanda: Thanks, Lissa. Thanks so much for, um, yeah, Steph said, thanks so much for taking the time to do the class. All your advice is really helpful. Yeah. I hope everyone has a beautiful day and night too. Yay.

Lissa: I will have a beautiful day. It's just 10:00 AM here, so yeah.