



Be the Hero of Your Own Story

Main Characters

You are the lead character in your own story. Think of YOU as the main character & answer the questions below about you BUT write in the third person. Instead of saying 'I' – try writing in the 3rd person (ex: he/she/her/their/they). That sometimes really helps with the writing process.

Main Character (You)



Where does the character live?

What do they wear?

What do they like to do?

What troubles them or what is their challenge?

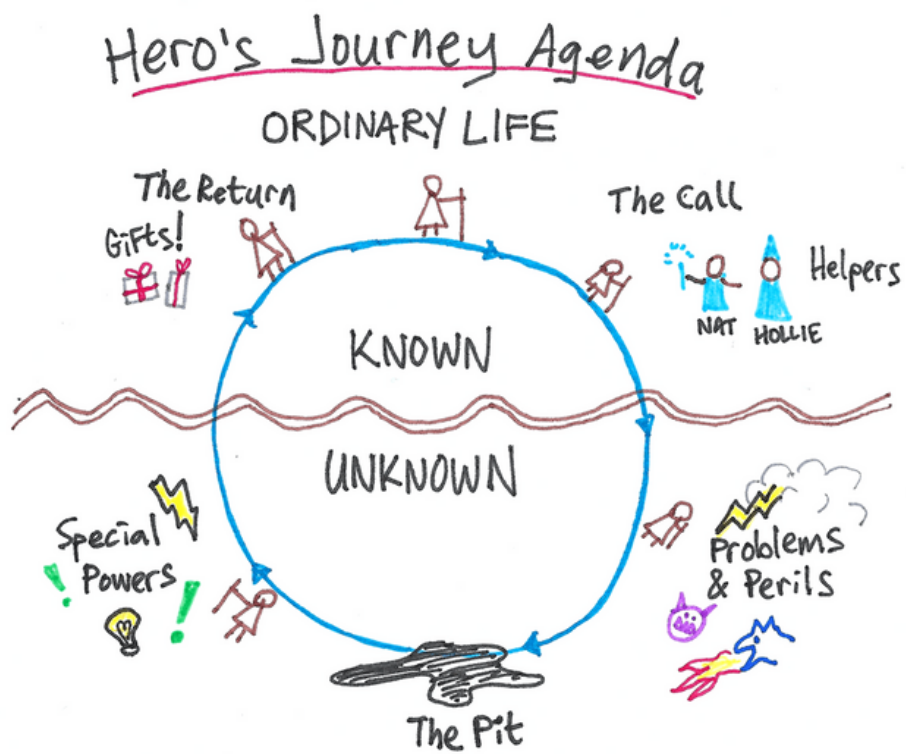
What do they want? (belong, have a home, feel safe, get over a fear, make new friends, etc.)

What strengths come to mind when you think of the character? (honest, brave, funny, kind, curious)



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The Hero's Journey





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The Hero's Journey

You are the main character. Think of a challenge you have gone through or faced or something you care deeply about – like maybe a world issue. What is the challenge and how did you overcome or work through it? If you didn't like the way things turned out, reflect on the lessons learned. There's always a new chapter you can start! There are no wrong words.

Be compassionate towards yourself.

Your Challenge

What is the challenge/obstacle that you faced?

Who or what was the enemy in the story? (maybe your own feelings)

Who helped you on your journey through the challenge?

(Friend/family/coach/teacher/pet)

Where did this take place?

What are the magic powers/tool/or lesson that you gained on the journey or was passed onto you?

What strengths did you put to work?

How did you overcome your challenge?

How have things changed now? What did you learn?

Be creative in how you write – this is your story. A teacher that helped you can be written as a wizard! It's up to you!

Next Steps: After you have written your story, if you would like – send it to the Youth Online Academy. I will lay out as an eBook and send back to you. All stories are the property of the author (YOU) and will never be shared.